

# The Lions' Pride.



A publication by the students of Mrs. Reade's Writing for Media class

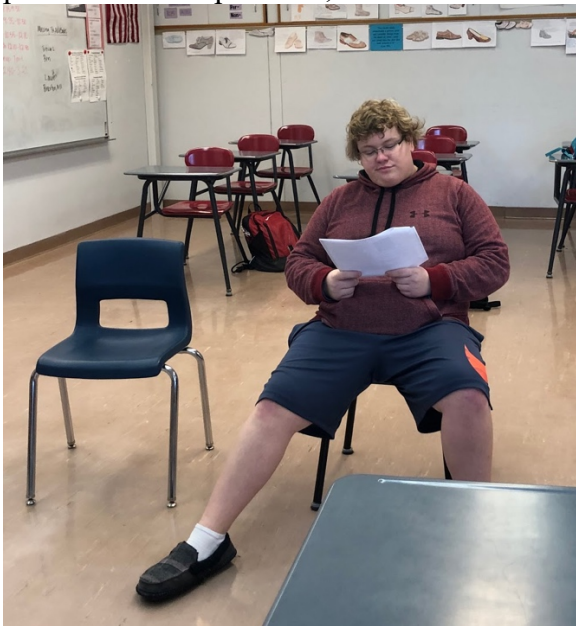
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## Let's talk about it!

by **Kayne Kamberling**

For the love of singing and acting, sophomore Tyler Vanous spends time outside of school participating in group speech for Lisbon.

"Speech is an extracurricular activity where you pick a vocal activity you want to perform for competitions," said Vanous.



**Lisbon sophomore Tyler Vanous goes over his script before the conference contest on Saturday. (photo by Kayne Kamberling)**

The speech team currently has 16 large group events competing at contest. Among the 16 groups are 3 group mimes, 3 solo mimes, 2 ensembles, 1 reader's theatre, 1 TV news, 1 short film, 2 improvisation groups, 1 musical theatre, 2 radio broadcastings.

"People can support the speech team by coming to our events and cheering us on," said Vanous.

The speech team would love if people from the Lisbon community would try to make

their way to an event. Even if you do not clap and cheer just being there and letting the Lisbon kids see some familiar faces will help them greatly.



**Pictured above: Lisbon's reader's theatre practices "The Math Curse" ahead of Saturday's contest. Around the horseshoe are Sam Back, Jenna Awbrey, Jackie Juett, Paige Roos, Katelyn Decious, and Mia Knapp.**

The team traveled to Starmont on Saturday for their conference contest and walked away with 8 teams placing in the top three, a second-place team finish, and 13 out of 16 I ratings.

"People wanting to do speech can sign up for solo speech or wait until next year for group speech," said Vanous.

If you enjoy acting or you have a passion for singing, you might enjoy speech. If you are interested, you can speak with either Mrs. Pleasant or Mrs. Reade for information on the next sign up.

## The “murder row” of Lisbon wrestling

by Gage McCoy

Lisbon wrestling has had a phenomenal year so far. As of right now, they only have one dual loss. With a strong lineup, including three number one ranked wrestlers, fellow teammates refer to Cobe Siebrecht, Cael Happel, and Robert Avila as “murder row.”

"There is not a better trio in the state of Iowa that [can] go toe-to-toe with us," said junior Happel, when asked about his involvement in “murder row.”

Although these three number one ranked wrestlers put on a show out on the mat, the real show starts in the practice room. One can only imagine what kind of scrambles happen between this threat of wrestlers all within 15 pounds.

"It helps us to have good practice partners in the room. We are always competing with each other. Nobody wants to give up a takedown, which makes it more competitive," said senior Siebrecht.

Freshman Robert Avila brings talent to the Lion's roster. He takes on and beats ranked wrestlers who are juniors and seniors like they are nothing.

"I have to hold myself to a higher standard, which is difficult as a freshman. It is

pretty fun having a target on my back. That's what I want; all the good guys coming after me," said Avila.



**Working a turn on top, senior Cobe Siebrecht battles his way to the Tripoli Tournament Championship. (photo by Tracy Siebrecht)**

It is safe to say that the Lisbon wrestling team is strong this year. They have a mix of good wrestlers throughout their lineup not just Happel, Siebrecht, and Avila. Lisbon has their goals set high this year, and there is no doubt they can reach them.

## Dancing the Halls

by Maysun Marshall

The Lisbon dance team, the Mane Attraction, performed at last week's basketball game. They got the chance to debut their new Christmas dance.

Senior Emily Davis said, "I love making the audience happy when they watch! I also love the thrill of when we do something new/cool, and the audience cheers!"

The Lisbon student section shows a ton of support for the Lisbon dance team.



Freshman Sophie Jennett also enjoys new performances, "I think we will be performing our military dance soon for the audiences; I am super excited."

The dance team does amazing at the basketball games, and the crowd is excited to see the new dances and to watch their fun performances.

Davis said, "I loved [the Christmas dance]! I thought it was a good addition to the season. I love learning new routines, so I am so excited to learn more if we have time!"

The team works super hard at their many early morning practices so that they can learn dances to show their fans.

**(left) The Lisbon Mane Attraction performs their new 2018 Christmas routine. (Photo by Bryce's mom)**

## Schrantz: Lifelong baller

by Mackenzie Moreland

Senior girls' basketball player Samantha Schrantz is the athlete of the week as voted by her peers at Lisbon High School.

Schrantz has been playing basketball since elementary school. "I probably started when I was six or seven," Schrantz said.

Basketball was something that she could do with all her friends. "It was probably our best sport. We went to a lot of tournaments and had a blast together."

She believes basketball taught her a few valuable lessons: "Stick with things. Work hard not just for the win, but for the team. It's not always all about you."



Her favorite memory happened just last season. "McKenna Nelson ran into someone and got a cut in the middle of her forehead. She went to the hospital and got it fixed up, only to come back and sit on the bench. Nelson got hit by a loose ball, and the cut reopened. She was fine and laughed about it."

Schrantz keeps a busy schedule aside from basketball. She is involved in NHS, band, choir, speech, theater, track, volleyball, and softball.

Her future plans have not been decided yet; however, she is looking at the University of Iowa to hopefully major in something English or film related.

Schrantz said, "I don't plan on playing on an organized basketball team, but I might play intramurals."

You can catch Sam and the rest of the lady Lions in action on Tuesday at Calamus-Wheatland.

**(left) Athlete of the week Samantha Schrantz is introduced in the starting lineup of a varsity basketball game. (photo by Amayah Bergeson)**

## Early graduation

by Tatiana Mallie

Early graduation takes a determined person and help from the staff at Lisbon High School.

"It all depends on how you want to spend your senior year of high school. You can't slack off, and you have to be focused on one thing, graduating early. You have to be smart about it and take as many classes as you can. Don't take study halls. If you end up with one, then turn it into a work study. The more credits you get the better your chances of graduating early are."

Due to graduating early, she had to give up her love for playing soccer. However, Dighton is excited to be the assistant manager for the Mount Vernon-Lisbon soccer team.

"I decided last year to graduate early because it was the best choice for my mental health. Now, I feel like there's a huge weight lifted off my shoulders. I'm very relieved."

Dighton plans to attend Kirkwood in August for art and business. However, during the spring semester off, Dighton will spend most her time working at Joann's Fabric. Dighton will also celebrate her early graduation with family by going out to breakfast and then to a movie.



**Photo by Casey Krall**



## Working smarter and harder

by Sam Hendricks

Since July of 2017, Cody Dierks has been working at Solon Retirement Village. There are many different jobs available there. A person can be a nurse, a CNA, a janitor, or even dietary aide. Dierks works as a dietary aide while his mother works as a nurse there.

Dierks main duty as a dietary aid is to serve food to the elderly who don't have the ability to serve themselves. When Dierks puts on his scrubs to start the day, he usually starts off the day with setting up tables and dishing up the side dishes, then he serves the food to the elderly, cleans up, and goes home.

"I love to interact with the residents, and I like listening to their stories," said Dierks.

While being a high school student, Dierks still manages to have straight A's while working up to 16 hours a week. In his opinion, it is just enough hours for him to get school work done while also being able to hang out with his friends.

It's not just Dierks working by himself; he has other co-workers too. Some of his co-workers include fellow classmates from Lisbon:

Sam Hendricks, Genesis Lowery, and Kory Weltha.

It's not all serious business there at the Solon Retirement Village; he likes to have some fun with his co-workers as well, which includes a fellow co-worker of his, who shall remain nameless, daring him to eat a Carolina Reaper during downtime. He did it.



**Working smarter not harder, Cody Dierks eats a Carolina Reaper during his free time at work. (photo by Sam Hendricks)**

## Lisbon teacher baby boom is still going

by Kyla Hansen



Teachers at Lisbon are booming with baby fever. Mrs. Loftsgard happens to be one of them.

"[My husband] knew before I did. He kept asking me a week beforehand. He could just kind of tell something was off, so he actually had a sense before I did," said Lisbon Middle School teacher, Darci Loftsgard.

Loftsgard found out she was pregnant in late July early August. She is expecting a daughter in April and undecided on a name.

"We are deciding between two: Emery and Madison. Her middle name is going to be Jeanne. It's a family name," said Loftsgard.

From the beginning, the Loftsgards wanted a family in the future but planned it to be later on down the road.

"Oh crap," Loftsgard said at first, "but Adam and I have always planned on having a family, and we have always thought of kids as part of our future. [We just thought] kids would [happen] a little later," said Loftsgard.

**(left) Mrs. Loftsgard is expecting a girl in April.**

## Writing for Media in a nutshell

by Ian Heck

For the past four months, Lisbon High School students have dappled in news story writing. The class picks stories to write about and each story is posted in the class's newsletter with the chance to have it posted in *The Gazette's* online platform.

Gage McCoy (4), Kyla Hanson and Sam Hendricks (2), and Trent Welch and Mackenzie Moreland (1) are a few of the students in the class who have excelled in the class with anywhere from one to four of their stories posted online.

"I think it is a really awesome opportunity to have our writing work posted for more people to see; it makes us all want to write better stories to show off," said sophomore Kayne Kamberling.

In Writing for Media, students have not only learned how to write better news stories, but they have also learned to be better at interviews, how to address formal emails, create advertisements, and create a business with a partner and then promote it through social media.

Kamberling thinks this class as a whole is "not that bad" and "could be worse."

### Get to know your teachers: Ms. Robertson

by Jarrett Moehlman

Ms. Robertson is currently a high school special education teacher who can also teach high school/middle school health and high school/middle school PE.



Ms. Robertson grew up on a farm outside Martelle and attended school at Anamosa. "Growing up on a farm was the best experience of my life," said Robertson.

While in high school, she participated in softball, track, and basketball, and was also involved in FFA.

Her time watching kids was what her first job

ended up being while in middle school/high school.

Not all the students in the first semester are in this class again second, but for those who are, they can expect a lot of fun writing, freewill on what to write about, and an easy credit (if you do quality work and turn it in on time).



**Writing for Media students Kyla Hanson, Jarret Moehlman, Trent Welch, and Cole Albaugh work long and hard on their final news story of the semester. (Photo by Ian Heck)**

If you like how that sounds and need an eighth hour class next semester, you should give Writing for Media a thought.

ended up being while in middle school/high school.

After high school, Robertson attended Kirkwood for two years and, while there, played softball. She transferred to Coe College to major in PE with the emphasis on teaching and minor in athletic training.

As inspiration, Robertson "had a teacher from high school who [I babysat for.] It was after one of those times that we sat on her front steps, and she told me that because I was really good with kids, I should become a teacher."

Becoming a teacher has been rewarding according to Ms. Robertson. Even though she doesn't have one memorable teaching experience, she does take pride in her kids finally understands something. Ms. Robertson can see herself teaching her whole career, and she hopes it will be here at Lisbon.

## **Rant & Rave: Shop classes & work-study**

### **Shop classes strike interest at Lisbon High School**

**by Cole Albaugh**

For some students, the classes at Lisbon are just not for them. Many students need hands-on learning to excite them for school. These students would like to spend more time getting to learn how to create and fix with their hands.

Junior Trent Welch believes that Lisbon should have shop classes such as metals, woodworking, and small engine. "I think every high school graduate should be able to change a tire and change oil in a car. Students need to learn what the real world is all about and that not everything in life is sitting down and taking notes and tests," said Welch.

Some kids might enjoy sitting all the time and being on the computer, but others like to get out and do hands-on activities that interest them. Many students want to go into a field like this in college and previous knowledge in high school would be very helpful.



**Lisbon junior Trent Welch shows what students could have if Lisbon offered shop classes. (photo by Cole Albaugh)**

## **Workshop work-study**

**by Trent Welch**

Cole Albaugh, a junior at Lisbon, work studies for the maintenance and transportation director, Rod Kelley. Albaugh enjoys his work-study more than his other classes.



**Cole Albaugh cuts wood for a project he is working on in his work-study with Rod Kelley. (Photo by Trent Welch)**

Albaugh said, "He gets to help Rod with everyday things such as service calls and work orders. I enjoy when I get to help Rod with woodworking and plumbing."

Lisbon doesn't have shop classes, so this gives Cole the chance to have a work-study that involves working with his hands.

Albaugh said, "It is better than having a free period, and I get a credit for something I enjoy doing opposed to my other classes."

In addition to helping Rod with woodworking and plumbing, Albaugh also mentioned that last year he made corn hole boards and worked on windows in the LECC.

Students appreciate the opportunity to do work studies that allow them to use their hands.