

# The Lions' Pride.



A publication by the students of Mrs. Reade's Writing for Media class

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## Tennis team plays on new courts

by Jarrett Moehlman

This year's girls' tennis team is a joint effort between Lisbon and Mt. Vernon students. Mackenzie Moreland and Bella Roberts are two Lisbon players out of the 52 members on this year's team.

The tennis team practices on their new courts at Mount Vernon High School. "Last year, we practiced on the old tennis courts by the MV school. We had meets at the Cornell courts," said Roberts.

When asked if there have been improvements made in more than the courts, Roberts said, "Absolutely! I think that everyone, including myself, has improved greatly since last year. We also have lots of new freshmen who have learned to play tennis for the first time."

Weather has been a factor as the team tries to get in practices and meets. "Thus far, we have gotten in about ten meets," said Roberts.

The team's overall record is 5-1-1.



**Mt. Vernon-Lisbon tennis player, Bella Roberts watches her shot hit inbounds during practice. (photo by Jeanine Roberts)**

## Construction rolls on

by Cole Albaugh

Larson continues to keep busy with the construction. They are working to get as much done this week with a full forecast of rain next week. The rain will limit them to only doing indoor tasks.

Crews have been keeping busy on the LECC side of the school. They are adding an activity room and doing some minor updates. The walls are up, and they have the concrete base floor done. Now, they have to finish up the cast stone, windows, and roof. Following this, other crews will begin on the HVAC and the electrical since those things could not be done in the elements.

Other crews have also been busy with the auditorium; they poured concrete for the lobby, dressing rooms, and bathrooms. They are also working on the roof and walls getting them ready for electrical and insulation.



**This is a look from the south east corner looking to the north west of the new playroom of the LECC. Workers are trying hard to get this project done on time, which is scheduled to be done in mid-June 2019. (photo by Cole Albaugh)**

Construction article continues below.

The track and football field are taking great shape. Light pole bases are in, and the field is being brought up to grade. The field will be seeded during the week of May 6th and then the track will be the last thing to complete.

**(below) This will be the new most southern point of the school. Crews have some more brick to put down and then the roof and a few other exterior touches before the outside will be complete. (photo by Cole Albaugh)**



**Here is a look at where the flex classroom will be above the seating for the auditorium. This part of the project is coming along nicely and a little bit slower because it is so much bigger than the LECC. (photo by Cole Albaugh)**

## **Soccer benefits other sports**

**by Trent Welch**

Many sports take similar skills to be successful. Soccer takes a lot of coordination, speed, and agility. All of these skills are improved in practices and sometimes through other sports.

“Soccer is pretty intense; it’s constant movement and fast paced. The endurance and coordination from soccer helps with all other sports,” said Paige Roos, sophomore at Lisbon.

Roos plays volleyball and softball. These sports both take coordination to be able to hit the ball. She also has to be quick to get around the bases.



**MVL goalie Roos goes in to stop a potential goal. (photo by Stephen Mally, *The Gazette*)**

Robert Avila, a 2019 126 lb. state wrestling champ also plays soccer.

“By playing soccer, your footwork becomes better, your stamina goes up, and you also learn specific mental lessons to be able to make the right decisions at the right time in a game situation, which those things are important to all sports whether it is soccer, wrestling, football, or baseball. Most importantly though, just like all other sports, you learn life skills you will need later on in the real world,” said Avila.

Avila uses the stamina to keep his pace on the wrestling mat, and he uses the same mentality for soccer as he does with wrestling.

Avila might not be having as much success on the soccer field as he did on the mat, but the girls are doing really well and want to fulfil their goal of winning the conference.

Both the girls and boys are improving each game and working on skills to improve in each sport they participate in.



## Seniors of the week: Ross, Welch, & Happel



### Rachel Ross

by Trent Welch

**Plans after high school:** Attend Iowa State University double majoring in Agribusiness and Economics.

**Favorite sport or activity:** Showing my 4-H lambs and bucket-bottle calves.

**Favorite restaurant:** Monical's Pizza

**Favorite movie:** *How to Lose a Guy in 10 Days*

**If you could meet anyone, dead or alive, who would you meet?**

Rachel Joy Scott or Scott Eastwood.

**If you had no limitations, what would your dream job be?** Managing my own small ranch/farm with all the different animals I want.

**How long is your longest Snap streak?** 329 days

### Reegan Happel

by Jarrett Moehlman

**Plans after high school:** Kirkwood Community College

**Favorite sport or activity:** Solving a Rubik's cube

**Favorite restaurant:** Panda Express

**Favorite movie:** *Good Will Hunting*

**If you could meet anyone, dead or alive, who would you meet?** Robin Williams

**If you had no limitations, what would your dream job be?** A crime scene detective

**How long is your longest Snap streak?** 7 days



### Alyssa Welch

**Plans for after high school:** Going to Kirkwood to attend the liberal arts program to get my associates degree.

**Favorite sport or activity:** basketball

**Favorite restaurants:** Applebee's

**Favorite movie:** I have several

**If I could meet anyone, dead or alive, who would you meet?** Thomas Rhett

**If I had no limitations, my dream job** would be to own my own photography business.

**My longest Snap streak** is 587 days.